

## Travel Recommendation

We know that the holiday season is approaching and families are making plans for travel or visiting with other family members. At GRCDC we want to reduce the risk of the spread of COVID in school and the community as much as possible. We also know that not all risk comes from international or domestic travel. Families should always take precautions when engaging in the following activities:

- Visiting with unvaccinated family members
- During any group travel (by car, bus or plane)
- Attending events in crowded large groups indoors or outdoors

What precautions can you take?

- Getting vaccinated if approved to do so
- Wear a well fitting mask
- Physical distance as much as possible

As always, if anyone in your household is feeling sick or anyone you are going to visit is feeling sick, please stay home and follow the protocol for those with COVID symptoms.

Currently there is no Kent County Health Department mandate or recommendation to schools regarding travel at this time. However, there are recommendations from the CDC. We encourage families to follow the CDC recommendations but this will not be required. We will not track any travel related quarantine the same we track quarantines for illness, so there will not be any academic support for families choosing to travel at this time. [Here is a link to the full CDC recommendation](#). Below is the specific part from that recommendations about unvaccinated travelers:

**Travelers who are not fully vaccinated and have not recovered from COVID-19 in the past 3 months (international and domestic)**

These travelers are still recommended to have a post-arrival test 3—5 days after arrival at destination, combined with self-monitoring and a 7-day period of staying home (or in a comparable location such as a hotel room) or otherwise self-quarantining

- The 7-day period should be completed even if the test is negative.
- In the absence of testing, this period should be extended to 10 days.
- Travelers should avoid contact with people at increased risk for severe illness for 14 days, regardless of testing.