

Grand Rapids Child Discovery Center - April 2020

Meal Prices: Student Meals - No Charge, Adult Breakfast/Lunch \$2.50/\$4.00, Milk \$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Mini Blueberry Pancakes Turkey Hot Dog Onion Rings Celery w/ Hummus Fresh Apple Ice Cold Milk	31 Egg & Cheese On a Bun Honey BBQ Dippers Macaroni & Cheese Romaine Salad w/ Diced Tomatoes Micky Mouse Crackers Mixed Fruit Ice Cold Milk	1 Pancake Wrap Cheesy Egg Omelet Wild Berry Bread Hash Brown Potatoes Fresh Broccoli Petite Banana Ice Cold Milk	2 No School Portfolio Day	3 No School Spring Break Begins
April 3rd - 10th, Spring Break. School resumes April 13th.				
13 Breakfast Breaks Chicken Nuggets Baked Beans Garlic Toast Carrots w/ Ranch Mixed Fruit Ice Cold Milk	14 Turkey Bacon, Egg & Cheese Boat Hamburger on a Bun Crinkle Cut Fries Broccoli w/ Hummus Fresh Apple Ice Cold Milk	15 Breakfast Wrap Apple Cinnamon Toast Turkey Sausage Link Potato Triangle Veggie Juice Fresh Banana Ice Cold Milk	16 Cini Minis Beef Taco Lettuce, Cheese, Salsa Refried Beans Frito Lay Tortilla Scoops Strawberry Cup Ice Cold Milk	17 Chocolate Filled Crescent Roll Turkey Pepperoni Pizza Whole Kernel Corn Mini Peppers Diced Peaches Ice Cold Milk
20 Mini Maple Waffles & Yogurt Beef Teriyaki Dippers Garlic Breadstick Steamed Broccoli Carrots Sticks Diced Pears Ice Cold Milk	21 Breakfast Bites Turkey Sub Ranch Potato Wedge Three Bean Salad ZeeZee Applesauce Cup Ice Cold Milk	22 French Toast Sticks Pasta Rotini Garlic Toast Romaine Salad w/ Garbanzo Beans Fresh Banana Ice Cold Milk	23 Beef Sausage & Cheese Bagel Turkey Burger on a Bun Sweet Potato Fries Cucumbers w/ Ranch Peach Cup Ice Cold Milk	24 Scrambled Eggs Muffin Sub Sandwich Celery w/ Ranch Apple Slices Triple Chocolate Cookie Ice Cold Milk 1/2 Day
27 Maple Sausage Toronado Mini Corn Dogs Onion Rings Celery Sticks w/ Hummus Fresh Apple Ice Cold Milk	28 Cheese Omelet HW Bagel Chicken Drumstick Mashed Potatoes w/ Gravy Green Beans w/ Ranch Corn Muffin Strawberry Cup Ice Cold Milk	29 Sausage Gravy Breakfast Tangerine Chicken Fluffy Brown Rice Fresh Broccoli w/ Ranch Cherry Sidekick Fresh Banana Ice Cold Milk	30 Egg & Cheese Muffin Beef Nachos Lettuce, Cheese, Tomatoes Refried Beans ZeeZee Applesauce Cup Ice Cold Milk	1 Chocolate Chip French Toast Turkey Pepperoni Calzone Seasoned Peas Carrots w/ Ranch Diced Peaches Graham Bites Ice Cold Milk

MUNCHERS - Check with your school cook for ordering details

Breakfast: Cereal, string cheese & yogurt as a choice, Fruit Selections (raisins, apples, oranges, bananas & peaches), 100% Fruit Juice & Ice Cold Milk (skim milk, 1% white or chocolate).

Grades 6-12 have additional options: Graham Crackers, Cereal, Yogurt or Cheese Stick.

Lunch: Munchers & Sunbutter Sandwiches available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

Monday - Sunbutter Sandwich Muncher (Cheese Stick, Cheez Its, Carrots w/ Ranch & Peach Cup)

Tuesday - BLT Salad Muncher (Lettuce Blend, Grape Tomatoes, Shredded Cheese, Turkey Bacon, Croutons w/ Ranch, Grapes & Chocolate Cookie)

Wednesday - Wings & More Muncher (Chicken Wings, Cheese Cubes, Corn Salad, Snap Peas w/ Ranch, Apple & Lemon Bread)

Thursday - Chicken Wrap Muncher (Shredded Chicken, Shredded Cheese, Refried Beans, Salsa, Tortilla, Tortilla Scoops & a Clementine)

Friday - Yogurt Muncher (Yogurt, Hearty Granola, Blueberry Muffin, Sunbutter Spread, Celery Sticks and Apple Slices)

Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.

- Salad bars available in K-8 & K-12 schools

- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at:

www.grpublicschools.org/nutrition or use the QR code on the menu.



*** Menu Item Contains Pork**